

Gas Networks Ireland 5k Results

Feb 26 2017

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Next race: [UCC 10k](#)

Sun Apr 2 at 11am

*The course was measured and marked by
 Jones Counter*

| Men | | | Women | |
|-------------------------|-------------------|----------|-------------|-------------------|
| 1 | Sean McGrath | 00:15:27 | 1 | Lorraine Bolster |
| 2 | Eric Curran | 00:15:36 | 2 | Joan Ennis |
| 3 | Alfie Davis | 00:17:01 | 3 | Ellen Hanley |
| | | | | |
| | | | | |
| Category Winners | | | | |
| | | | 0/35 | |
| | | | 1 | Sheila Buckley |
| | | | 2 | Elaine O'Donoghue |
| | | | 3 | Siobhan Healy |
| | | | | |
| 0/40 | | | 0/40 | |
| 1 | Brendan Coleman | | 1 | Sharon Woods |
| 2 | Stephen Geoghegan | | 2 | Elaine Guinane |
| 3 | Noel Daly | | 3 | Linda O Connor |
| | | | | |
| 0/45 | | | 0/45 | |
| 1 | John O'Callaghan | | 1 | Anne Bamford |
| 2 | Trevor Woods | | 2 | Adelle O'Connor |
| 3 | David Muldowney | | 3 | Fiona Downey |
| | | | | |
| 0/50 | | | 0/50 | |
| 1 | Brian Linehan | | 1 | Orla o Rourke |
| 2 | Thomas Fox | | 2 | Helen Gilroy |
| 3 | MARK BULMAN | | 3 | Catherine Clancy |
| | | | | |
| 0/55 | | | 0/55 | |
| 1 | Denis Carroll | | 1 | Aine Murphy |
| 2 | John Hayes | | 2 | Judi Baker |
| 3 | Tom Hannon | | 3 | |
| | | | | |
| 0/60 | | | 0/60 | |
| 1 | Joe Murphy | | 1 | |
| 2 | Joseph Power | | 2 | |
| 3 | | | 3 | |
| | | | | |
| 0/65 | | | 0/65 | |
| 1 | Phil McGrath | | 1 | Maggie Dunne |
| 2 | Ken Higgs | | 2 | |
| 3 | | | 3 | |
| | | | | |
| 0/70 | | | | |
| 1 | Michael Dunne | | | |
| | | | | |
| W/C | | | | |
| 1 | Jerry Forde | | | |
| | | | | |
| | | | | |

00:18:48
 00:19:39
 00:19:54

| Pos | Name | Cat | Prize | Time | Company | Team |
|-----|-------------------|-------|--------|----------|------------------------------|-------|
| 1 | Sean McGrath | | M1 | 00:15:27 | Harty Tax Consulting | |
| 2 | Eric Curran | | M2 | 00:15:36 | FMC | |
| 3 | Micheal Power | | | 00:15:55 | Temp Reg | |
| 4 | James Murray Good | | | 00:16:51 | Temp Reg | |
| 5 | Alfie Davis | 0/40A | M3 | 00:17:0 | UCC | M-A-1 |
| 6 | Denis Coughlan | | | 00:17:01 | Temp Reg | |
| 7 | Shane Cooney | | | 00:17:07 | PM Group | |
| 8 | Thomas Kenefick | | | 00:17:29 | Temp Reg | |
| 9 | John O'Callaghan | 0/45B | 0/45B1 | 00:17:37 | CPJ | |
| 10 | Brendan Coleman | 0/40A | 0/40A1 | 00:17:39 | G.E. Healthcare | M-C-3 |
| 11 | Sean Dowling | | | 00:17:40 | Temp Reg | |
| 12 | Trevor Woods | 0/45B | 0/45B2 | 00:17:42 | UCC | M-A-1 |
| 13 | Stephen Geoghegan | 0/40A | 0/40A2 | 00:18:07 | Dell-EMC | M-A-2 |
| 14 | Noel Daly | 0/40A | 0/40A3 | 00:18:08 | Denis Cronin Electrical | |
| 15 | Feargal O'Shea | | | 00:18:14 | Musgrave | M-C-1 |
| 16 | John Goggin | | | 00:18:15 | Temp Reg | |
| 17 | Trevor Collins | 0/40A | | 00:18:16 | VMware | |
| 18 | Tobias Grab | 0/40A | | 00:18:26 | Apple | M-A-3 |
| 19 | Kevin Geary | | | 00:18:41 | Temp Reg | |
| 20 | Brian Linehan | 0/50C | 0/50C1 | 00:18:44 | G4S Security | |
| 21 | David Muldowney | 0/45B | 0/45B3 | 00:18:46 | Dell-EMC | M-A-2 |
| 22 | Lorraine Bolster | 0/35H | F1 | 00:18:48 | Denis Cronin Electrical | F-A-1 |
| 23 | Michael Mulcahy | 0/40A | | 00:18:50 | Dell-EMC | M-A-2 |
| 24 | John Gray | | | 00:18:52 | Temp Reg | |
| 25 | Mark Collins | | | 00:18:57 | Temp Reg | |
| 26 | Thomas Fox | 0/50C | 0/50C2 | 00:18:57 | Ronan Daly Jermyn Solicitors | |
| 27 | Niall O'Leary | 0/40A | | 00:18:59 | UCC | M-A-1 |
| 28 | Donal Dowling | 0/40A | | 00:19:06 | Stryker | |
| 29 | Matthew Roche | | | 00:19:07 | Temp Reg | |
| 30 | Richard Bourke | | | 00:19:09 | Musgrave | M-C-1 |
| 31 | Daniel Fitton | | | 00:19:10 | Temp Reg | |
| 32 | Pawel Domanske | | | 00:19:12 | Culley Engineering | |
| 33 | Piotr Niziolek | | | 00:19:18 | Temp Reg | |
| 34 | Timmy Kelleher | 0/40A | | 00:19:20 | CPO | M-B-2 |
| 35 | Kieran Lynch | 0/40A | | 00:19:21 | Ervia | |
| 36 | Tony Dunne | | | 00:19:22 | Temp Reg | |
| 37 | MARK BULMAN | 0/50C | 0/50C3 | 00:19:23 | Army | |
| 38 | Elton Chambers | 0/40A | | 00:19:24 | G.E. Healthcare | M-C-3 |
| 39 | Denis Kelleher | 0/50C | | 00:19:33 | Kelleher | |
| 40 | Liam Murphy | 0/40A | | 00:19:35 | Ervia | |
| 41 | Michael Murphy | 0/45B | | 00:19:37 | Cleancork.ie | |
| 42 | Joan Ennis | 0/50K | F2 | 00:19:39 | Avondhu MF | F-A-2 |
| 43 | Stephen Ryan | 0/45B | | 00:19:44 | Keen on Sport | |
| 44 | Garry Noonan | | | 00:19:47 | Snap on Diagnostics | |
| 45 | Ellen Hanley | 0/40I | F3 | 00:19:53 | Avondhu MF | F-A-2 |
| 46 | Mark Flavin | 0/40A | | 00:20:0 | Pfizer | M-C-2 |
| 47 | Eamonn Carroll | 0/50C | | 00:20:04 | SLA | |
| 48 | John Kelly | | | 00:20:09 | Temp Reg | |
| 49 | Fergal quinlan | 0/45B | | 00:20:10 | Keen on Sport | |
| 50 | Kieran Hennerty | 0/40A | | 00:20:12 | Pat Hennerty Office Supplies | |
| 51 | Conor Buckley | | | 00:20:14 | Goldstar Telecom | |
| 52 | Orla o Rourke | 0/50K | 0/50K1 | 00:20:15 | Keen on Sport | F-B-1 |
| 53 | Jeremy Kelleher | 0/40A | | 00:20:17 | Jacobs Engineering | |
| 54 | Patrick Murphy | | | 00:20:20 | Temp Reg | |
| 55 | Helen Gilroy | 0/50K | 0/50K2 | 00:20:20 | Midleton Town Council | |
| 56 | Ray O'Connell | | | 00:20:21 | Brookfield Renewable | |
| 57 | Martin Lynch | 0/50C | | 00:20:21 | Boston Scientific | |
| 58 | Sharon Woods | 0/40I | 0/40I1 | 00:20:22 | Denis Cronin Electrical | F-A-1 |
| 59 | Michael Hennessy | | | 00:20:24 | Temp Reg | |
| 60 | Philip Corcoran | 0/45B | | 00:20:25 | Laya Healthcare | |
| 61 | David Hurley | 0/45B | | 00:20:27 | Musgrave | M-C-1 |
| 62 | Gus Keohane | | | 00:20:28 | Temp Reg | |
| 63 | Cathal Twomey | | | 00:20:29 | Happy Feet | M-B-1 |
| 64 | Benjamin Gearey | 0/45B | | 00:20:30 | UCC | |
| 65 | Pat Moloney | | | 00:20:33 | Temp Reg | |
| 66 | Brendan Murphy | | | 00:20:37 | Temp Reg | |
| 67 | Paul O'Mahony | 0/40A | | 00:20:37 | Abbvie | |
| 68 | Phil McGrath | 0/65F | 0/65F1 | 00:20:41 | Harty Tax Consulting | |
| 69 | Denis Carroll | 0/55D | 0/55D1 | 00:20:42 | Blarney Woolen Mills | |
| 70 | Paul Kelleher | | | 00:20:53 | Temp Reg | |
| 71 | Colmwalsch | | | 00:20:54 | Temp Reg | |
| 72 | Kevin Boyd | | | 00:20:56 | Jacobs Engineering | |

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|-----|----------------------|-------|--------|----------|-----------------------|-------|
| 73 | Sheila Buckley | 0/35H | 0/35H1 | 00:20:57 | Midleton Town Council | |
| 74 | Michael Brennan | 0/45B | | 00:20:58 | CIT | |
| 75 | Marc Lake | | | 00:20:59 | Temp Reg | |
| 76 | Elaine O'Donoghue | 0/35H | 0/35H2 | 00:21:0 | HSE | F-B-2 |
| 77 | Elaine Guinane | 0/40I | 0/40I2 | 00:21:04 | Dept of Ed | |
| 78 | Billy Geaney | 0/45B | | 00:21:05 | Southern Milling | |
| 79 | James Walsh | 0/45B | | 00:21:08 | Novartis | |
| 80 | Philip Coffey | 0/45B | | 00:21:14 | SLA | |
| 81 | Jennifer Montague | | | 00:21:14 | Temp Reg | |
| 82 | Craig Mcmenamin | | | 00:21:15 | Temp Reg | |
| 83 | Lawrence Kenrick | | | 00:21:25 | John Healy Gates | |
| 84 | Rebecca McEvoy | | | 00:21:28 | Dept of Ed | |
| 85 | Colm Menton | 0/45B | | 00:21:29 | CIT | |
| 86 | Joe Murphy | 0/60E | 0/60E1 | 00:21:37 | Cork County Council | |
| 87 | Pat Coughlan | | | 00:21:39 | Temp Reg | |
| 88 | Linda O Connor | 0/40I | 0/40I3 | 00:21:39 | Musgrave | |
| 89 | Niamh Oconnor | | | 00:21:41 | Temp Reg | |
| 90 | Denis Lenihan | | | 00:21:42 | Temp Reg | |
| 91 | Nihad Zarkik | | | 00:21:43 | Apple | M-A-3 |
| 92 | Anne Bamford | 0/45J | 0/45J1 | 00:21:51 | Dept of Ed | |
| 93 | Derek Hines | | | 00:21:52 | Temp Reg | |
| 94 | Adil Cahit Ansaroglu | | | 00:21:57 | Apple | M-A-3 |
| 95 | Siobhan Holland | 0/40I | | 00:21:58 | Novartis | |
| 96 | Paul Murphy | 0/45B | | 00:21:59 | Pfizer | M-C-2 |
| 97 | Joseph Power | 0/60E | 0/60E2 | 00:22:0 | Pfizer | M-C-2 |
| 98 | Jamie Kent | | | 00:22:02 | John Healy Gates | |
| 99 | Brendan Walsh | | | 00:22:04 | Novartis | |
| 100 | Adelle O'Connor | 0/45J | 0/45J2 | 00:22:06 | O'Connor Hc | |
| 101 | Michael Aherne | | | 00:22:07 | Temp Reg | |
| 102 | Denis Bowen | | | 00:22:07 | Temp Reg | |
| 103 | Norman Allen | | | 00:22:08 | Temp Reg | |
| 104 | Radlk Sliwa | 0/45B | | 00:22:13 | Happy Feet | M-B-1 |
| 105 | Paul Lyons | | | 00:22:13 | Temp Reg | |
| 106 | Kieran O'Mahony | | | 00:22:15 | Temp Reg | |
| 107 | Caroline Burke | | | 00:22:16 | Temp Reg | |
| 108 | Gary Relihan | | | 00:22:16 | Temp Reg | |
| 109 | Stephen Lyons | 0/45B | | 00:22:17 | Happy Feet | M-B-1 |
| 110 | Billy Gough | 0/45B | | 00:22:19 | Pfizer | |
| 111 | Shane Healy | 0/40A | | 00:22:30 | Kuehne & Nagle | |
| 112 | Diarmuid Kiely | | | 00:22:30 | Temp Reg | |
| 113 | Paul O'Sullivan | | | 00:22:33 | Temp Reg | |
| 114 | John Hayes | 0/55D | 0/55D2 | 00:22:35 | FAS | |
| 115 | Mike Hurley | 0/45B | | 00:22:37 | Dell-EMC | M-B-3 |
| 116 | Jimmy O'Sullivan | 0/50C | | 00:22:37 | Depuy | |
| 117 | Sarah Gayer | | | 00:22:42 | Temp Reg | |
| 118 | Manu Nadal | 0/40A | | 00:22:43 | Storagecraft | |
| 119 | Finbarr O'Neill | | | 00:22:46 | Temp Reg | |
| 120 | Ken Higgs | 0/65F | 0/65F2 | 00:22:48 | UCC | |
| 121 | Tom Hannon | 0/55D | 0/55D3 | 00:22:51 | UCC | |
| 122 | Denis Allen | 0/50C | | 00:22:54 | Furniture Removal | |
| 123 | Fiona Davis | | | 00:22:56 | Temp Reg | |
| 124 | Andrew O'Farrell | 0/60E | | 00:22:57 | Pfizer | |
| 125 | Conn Donovan | | | 00:22:57 | Temp Reg | |
| 126 | Kelly Agnew | | | 00:22:57 | Temp Reg | |
| 127 | Padraig O'Regan | | | 00:22:58 | Janssen | |
| 128 | Paul Healy | 0/40A | | 00:23:01 | Simply Suits | |
| 129 | Philip Tett | 0/50C | | 00:23:08 | Cork County Council | |
| 130 | Siobhan Healy | 0/35H | 0/35H3 | 00:23:10 | HSE | F-B-2 |
| 131 | Andrew MacDonald | | | 00:23:13 | BNY Mellon | |
| 132 | Andrew Geaney | 0/60E | | 00:23:16 | Apple | |
| 133 | Dave O'Leary | | | 00:23:21 | CIT | |
| 134 | John O'Driscoll | 0/60E | | 00:23:23 | FAS | |
| 135 | Willie Gould | 0/40A | | 00:23:24 | CPO | M-B-2 |
| 136 | Catherine Clancy | 0/50K | 0/50K3 | 00:23:25 | Avondhu MF | F-C-1 |
| 137 | Fiona Downey | 0/45J | 0/45J3 | 00:23:25 | CIT | |
| 138 | Brendan Deane | 0/50C | | 00:23:29 | CIT | |
| 139 | Graham Virgo | | | 00:23:31 | Temp Reg | |
| 140 | Bill Shanahan | 0/40A | | 00:23:32 | Alcon | |
| 141 | Mairead Lonergan | | | 00:23:34 | Dept of Ed | |
| 142 | Michael Dunne | 0/70G | 0/70G1 | 00:23:36 | UCC | |
| 143 | John Linehan | | | 00:23:41 | GSK | |
| 144 | Clodagh Carroll | 0/35H | | 00:23:45 | CIT | |
| 145 | Seamus Keane | | | 00:23:47 | Kuehne & Nagle | |

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|-----|--------------------------|-------|--------|----------|------------------------------|-------|
| 146 | Gerard Rasmussen | 0/55D | | 00:23:51 | CIT | |
| 147 | Michael Dooley | 0/50C | | 00:23:52 | CPO | M-B-2 |
| 148 | Liam O'Leary | 0/70G | | 00:23:53 | Cork City Council | |
| 149 | Una French | 0/45J | | 00:23:59 | Keen on Sport | F-B-1 |
| 150 | Derry Keane | | | 00:24:02 | Temp Reg | |
| 151 | Allen Cotter | | | 00:24:08 | UCC | |
| 152 | Sheila Trunwit | 0/45J | | 00:24:11 | Dept of Ed | |
| 153 | Aine Murphy | 0/55L | 0/55L1 | 00:24:13 | UCC | |
| 154 | Michael O'Loughlin | | | 00:24:14 | Temp Reg | |
| 155 | COLETTE RYAN | 0/50K | | 00:24:15 | Douglas Meet and Train | |
| 156 | John Collins | | | 00:24:17 | Temp Reg | |
| 157 | Tony Neiland | | | 00:24:30 | Temp Reg | |
| 158 | CJ McCarthy | 0/45B | | 00:24:31 | CIT | |
| 159 | Ber Looney | 0/45J | | 00:24:32 | Marriott Vacations Worldwide | |
| 160 | Tom O'Neill | 0/60E | | 00:24:32 | CPO | |
| 161 | Bryan Browne | 0/40A | | 00:24:33 | Musgrave | |
| 162 | Margaret Foley | | | 00:24:43 | Temp Reg | |
| 163 | Batt Kearney | 0/55D | | 00:24:44 | Blarney Woolen Mills | |
| 164 | Paula Mulcahy | 0/40I | | 00:24:45 | UCC | |
| 165 | Des White | 0/50C | | 00:24:48 | Avondhu MF | |
| 166 | Bernard Sisk | 0/65F | | 00:24:49 | Sisk Builders | |
| 167 | Olga O' Sullivan | 0/35H | | 00:24:50 | Dell-EMC | |
| 168 | Danny Duggan | | | 00:24:55 | Temp Reg | |
| 169 | Saskia VanGoethem | 0/35H | | 00:24:56 | BNY Mellon | |
| 170 | Maretta Brennan | 0/50K | | 00:24:58 | CIT | F-C-2 |
| 171 | Ronan Kelleher | | | 00:25:05 | Temp Reg | |
| 172 | Finbarr Kiely | 0/55D | | 00:25:16 | HSE | |
| 173 | Amy O'Leary | | | 00:25:16 | Temp Reg | |
| 174 | Marco Cosenza | 0/40A | | 00:25:25 | Apple | |
| 175 | Mark Fuller | | | 00:25:27 | Temp Reg | |
| 176 | Colin Power | 0/45B | | 00:25:32 | Dell-EMC | M-B-3 |
| 177 | Kitty Harrington Buckley | 0/50K | | 00:25:34 | HSE | |
| 178 | Micheal O'Hehir | 0/45B | | 00:25:35 | GSK | |
| 179 | Helen Dinan | | | 00:25:36 | Temp Reg | |
| 180 | Vicky Lehane | | | 00:25:37 | Temp Reg | |
| 181 | Brian Hennessy | | | 00:25:40 | John Healy Gates | |
| 182 | Ross Thomson | 0/40A | | 00:25:41 | Cognex Irl Ltd | |
| 183 | J J Casey | 0/60E | | 00:25:42 | Open Eir | |
| 184 | Karen Geasley | 0/35H | | 00:25:43 | Keen on Sport | |
| 185 | Nelius Flynn | | | 00:25:57 | CIT | |
| 186 | Eugene McVeigh | 0/55D | | 00:26:01 | Dell-EMC | M-B-3 |
| 187 | Shane Walsh | 0/45B | | 00:26:06 | Landsbridge Transport | |
| 188 | Mary O'Halloran | 0/45J | | 00:26:09 | Complete Financial | |
| 189 | Nessan Frawley | 0/55D | | 00:26:11 | Stanley Security | |
| 190 | Sinead O'Donoghue | | | 00:26:14 | Temp Reg | |
| 191 | Sharon Seymour | | | 00:26:16 | Temp Reg | |
| 192 | Keith Seymour | | | 00:26:17 | Temp Reg | |
| 193 | Gerard Foley | 0/50C | | 00:26:21 | Storagecraft | |
| 194 | Noel Geaney | | | 00:26:28 | Temp Reg | |
| 195 | Darragh O'Callaghan | | | 00:26:30 | GSK | |
| 196 | Austin Murphy | 0/65F | | 00:26:33 | Murphy | |
| 197 | Collette Rohan | 0/45J | | 00:26:37 | Mckesson | |
| 198 | David Guiney | | | 00:26:38 | Dell-EMC | |
| 199 | Ellen Lucey Falvey | | | 00:26:41 | Temp Reg | |
| 200 | Ger O'Brien | | | 00:26:43 | Temp Reg | |
| 201 | Siobhan Lillis | | | 00:26:47 | Temp Reg | |
| 202 | Paul O'Rourke | | | 00:26:49 | Temp Reg | |
| 203 | Gavin Buckley | | | 00:26:50 | Temp Reg | |
| 204 | Vivian Pennefather | | | 00:26:55 | Temp Reg | |
| 205 | Lorraine Higgins | | | 00:26:57 | CPO | |
| 206 | James Rohan | 0/50C | | 00:27:07 | UCC | |
| 207 | mervyn burke | 0/50C | | 00:27:10 | Leo Pharma | |
| 208 | Patricia Kingston | | | 00:27:14 | Janssen | |
| 209 | Rachel Cronin | | | 00:27:15 | Temp Reg | |
| 210 | Angela O'Mahony | 0/45J | | 00:27:17 | Avondhu MF | F-C-1 |
| 211 | Craig Mills | | | 00:27:17 | Temp Reg | |
| 212 | Yvonne Gough | 0/45J | | 00:27:22 | Pfizer | |
| 213 | Mary Elizabeth Lane | 0/35H | | 00:27:24 | Navy | |
| 214 | Alice O'Shea | | | 00:27:25 | Temp Reg | |
| 215 | Sarah Dinan | | | 00:27:28 | Temp Reg | |
| 216 | Kerry Constant | 0/60E | | 00:27:36 | Constant | |
| 217 | Kay Birch | | | 00:27:37 | CSO | |
| 218 | Mary K Tobin | 0/45J | | 00:27:42 | M+G O'Neill | |

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|-----|-----------------------|-------|--------|----------|------------------------|-------|
| 219 | Eddie Higgins | | | 00:27:51 | Temp Reg | |
| 220 | Lorna Kelleher | 0/40I | | 00:27:55 | IBM | |
| 221 | Mark Mulcahy | 0/40A | | 00:27:57 | UCC | |
| 222 | Aaron O'Flynn | | | 00:27:58 | Happy Feet | |
| 223 | Corey Rea | 0/40I | | 00:28:13 | Happy Feet | |
| 224 | Clare Forde | 0/35H | | 00:28:23 | Fota Collection | |
| 225 | Tony Flynn | | | 00:28:25 | Temp Reg | |
| 226 | Sheila Dinan | | | 00:28:28 | Temp Reg | |
| 227 | Eileen Buckley | | | 00:28:31 | Temp Reg | |
| 228 | Carol Virgo | | | 00:28:33 | Temp Reg | |
| 229 | Eileen Murphy | 0/40I | | 00:28:42 | Ervia | |
| 230 | Ted O'Riordan | 0/40A | | 00:28:43 | Dell-EMC | |
| 231 | Pat Cahill | | | 00:28:44 | Temp Reg | |
| 232 | Maike Jacobs | | | 00:28:45 | Apple | |
| 233 | John Kissane | 0/45B | | 00:28:48 | UCC | |
| 234 | Tadgh Hanley | 0/45B | | 00:28:49 | G.E. Healthcare | M-C-3 |
| 235 | Jim O'Callaghan | 0/60E | | 00:28:49 | O'Callaghan Plastering | |
| 236 | Deirdre Behan | | | 00:28:50 | Temp Reg | |
| 237 | Michelle Masters | | | 00:28:50 | Temp Reg | |
| 238 | Dawn O'Flynn | 0/40I | | 00:29:23 | Happy Feet | |
| 239 | Susan Morrissey | | | 00:29:24 | Temp Reg | |
| 240 | Eoin Deane | 0/40A | | 00:29:28 | CIT | |
| 241 | Sharon Green | | | 00:29:36 | Temp Reg | |
| 242 | Paddy Daly | 0/70G | | 00:29:39 | Army | |
| 243 | Eleanor Baldwin | 0/45J | | 00:29:40 | CIT | F-C-2 |
| 244 | Nora O'Connor | | | 00:29:42 | Cork County Council | |
| 245 | Sharon Mullins | 0/45J | | 00:29:57 | Mullins | |
| 246 | Jimmy Murray | 0/65F | | 00:29:58 | HSE | |
| 247 | Aoife Duggan | | | 00:30:14 | Temp Reg | |
| 248 | Oonagh Duggan | | | 00:30:15 | Temp Reg | |
| 249 | Pamela Lenihan | 0/35H | | 00:30:34 | Fota Collection | |
| 250 | Hollie Pennefather | | | 00:30:47 | Temp Reg | |
| 251 | Kevin Nagle | | | 00:30:48 | Temp Reg | |
| 252 | Angela Lawler | | | 00:30:49 | Temp Reg | |
| 253 | Colm Jordan | | | 00:30:52 | Temp Reg | |
| 254 | Carol Hickey | | | 00:30:59 | Temp Reg | |
| 255 | Maggie Dunne | 0/65N | 0/65N1 | 00:31:08 | Avondhu MF | |
| 256 | Samantha Webb | | | 00:31:16 | Temp Reg | |
| 257 | Dylan Buckely | | | 00:31:16 | Temp Reg | |
| 258 | Pedro Silva | 0/40A | | 00:31:29 | Storagecraft | |
| 259 | Billy Caball | 0/70G | | 00:31:32 | FAS | |
| 260 | Eimear Burke | | | 00:31:53 | Temp Reg | |
| 261 | Niall Collins | 0/55D | | 00:31:54 | Cork County Council | |
| 262 | Catherine O'Callaghan | | | 00:31:55 | Temp Reg | |
| 263 | Sandra Nolan | | | 00:31:56 | Temp Reg | |
| 264 | Laura Dorgan | | | 00:32:01 | Temp Reg | |
| 265 | Jum Hennessy | | | 00:32:02 | Temp Reg | |
| 266 | Carole Long | | | 00:32:02 | Temp Reg | |
| 267 | Catherine Desmond | 0/40I | | 00:32:03 | Ervia | |
| 268 | Judi Baker | 0/55L | 0/55L2 | 00:32:09 | Avondhu MF | |
| 269 | Lorna Nugent | | | 00:32:10 | Temp Reg | |
| 270 | Denis Herlihy | | | 00:32:11 | Temp Reg | |
| 271 | Alex O'Brien | | | 00:32:12 | Temp Reg | |
| 272 | Dave Looney | | | 00:32:15 | Temp Reg | |
| 273 | Bronwyn Rout | | | 00:32:16 | Temp Reg | |
| 274 | Mary Shubart | 0/35H | | 00:32:21 | Dell-EMC | |
| 275 | Cythia Coyne | | | 00:32:23 | Temp Reg | |
| 276 | Colette Crowley | | | 00:32:24 | Temp Reg | |
| 277 | Karen O'Sullivan | 0/40I | | 00:32:25 | Barry & Partners | |
| 278 | Maire O'Brien | | | 00:32:26 | Temp Reg | |
| 279 | Liz Barry | | | 00:32:57 | Temp Reg | |
| 280 | Billy Murray | | | 00:32:58 | Temp Reg | |
| 281 | Aisling Mellamphy | | | 00:33:03 | Temp Reg | |
| 282 | Robert Mcgowan | | | 00:33:11 | Temp Reg | |
| 283 | Fiona Mcgowan | | | 00:33:11 | Temp Reg | |
| 284 | Davina Caulfield | | | 00:33:26 | Temp Reg | |
| 285 | Caroline O'Connell | | | 00:33:26 | Temp Reg | |
| 286 | Grant March | | | 00:33:28 | Temp Reg | |
| 287 | Josephine Cullinane | | | 00:33:31 | Temp Reg | |
| 288 | Tina O'Shea | | | 00:33:32 | Temp Reg | |
| 289 | Jennifer Lyncn | | | 00:33:33 | Temp Reg | |
| 290 | Keith O'Sullivan | | | 00:33:33 | Temp Reg | |
| 291 | Jennifer Connolly | | | 00:33:40 | Temp Reg | |

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|-----|---------------------|-------|--|----------|------------|--|
| 292 | Marcela Dorney | | | 00:33:41 | Temp Reg | |
| 293 | Sarah Kelly | | | 00:33:53 | Temp Reg | |
| 294 | Janice Sylvester | | | 00:33:54 | Temp Reg | |
| 295 | Regina Murphy | | | 00:33:59 | Temp Reg | |
| 296 | Linda Cashman | | | 00:34:12 | Temp Reg | |
| 297 | Donna Mannion | | | 00:34:13 | Temp Reg | |
| 298 | Sandra Dunlea | | | 00:34:14 | Temp Reg | |
| 299 | Fiona Sneddon | | | 00:34:14 | Temp Reg | |
| 300 | Cora Murphy | | | 00:34:21 | Temp Reg | |
| 301 | Helen O'Callaghan | | | 00:34:22 | Temp Reg | |
| 302 | Therese Kelly | | | 00:34:26 | Temp Reg | |
| 303 | Michael Reynolds | | | 00:34:27 | Temp Reg | |
| 304 | Alan Lynskey | | | 00:34:37 | Temp Reg | |
| 305 | Natasha O'Donoghue | | | 00:34:47 | Temp Reg | |
| 306 | Sarah Mccarthy | | | 00:34:47 | Temp Reg | |
| 307 | Gemma Ince | | | 00:34:48 | Temp Reg | |
| 308 | Denise Buckley | | | 00:34:49 | Temp Reg | |
| 309 | Helen O'Donoghue | 0/65N | | 00:34:56 | O'Donoghue | |
| 310 | Helena Fogarty | | | 00:34:59 | Happy Feet | |
| 311 | Mick Fitzgerald | | | 00:35:04 | Temp Reg | |
| 312 | Marian Kavanagh | | | 00:35:16 | Temp Reg | |
| 313 | Samantha Crowley | | | 00:35:17 | Temp Reg | |
| 314 | Maria Barry | | | 00:35:19 | Temp Reg | |
| 315 | Louise Geffery | | | 00:35:20 | Temp Reg | |
| 316 | Anita Mccarthy | | | 00:35:21 | Temp Reg | |
| 317 | Nicola Malone | | | 00:35:24 | Temp Reg | |
| 318 | Susan Fitzgerald | | | 00:35:37 | Temp Reg | |
| 319 | Karen Hickey | | | 00:35:39 | Temp Reg | |
| 320 | Irene Golden | | | 00:35:53 | Temp Reg | |
| 321 | Aidan Cooney | | | 00:35:53 | Temp Reg | |
| 322 | Justine Keohane | | | 00:36:58 | Dell-EMC | |
| 323 | Isabel Keane | | | 00:37:12 | Temp Reg | |
| 324 | Gillian Prendergast | | | 00:37:14 | Temp Reg | |
| 325 | Lorraine Hedderman | | | 00:37:36 | Temp Reg | |
| 326 | Rosemary Milton | | | 00:37:43 | Temp Reg | |
| 327 | Brad Delaney | | | 00:37:44 | Temp Reg | |
| 328 | Margaret English | | | 00:37:45 | Temp Reg | |
| 329 | Carmel O'Donnell | | | 00:42:54 | Temp Reg | |
| 330 | Donal Morrissey | | | 00:43:49 | Temp Reg | |
| | | | | | | |