

# ESB Cross Country 5k Results

Jan 8 2017

[www.corkbhaa.com](http://www.corkbhaa.com)  
[www.fb.com/corkbhaa](http://www.fb.com/corkbhaa)  
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Next race: [FMC 6k](#)

Sun Jan 15 at 11am, Little Island

**\*\*\* AGM takes place Thurs Jan 12th at 8pm in the Ambassador Hotel \*\*\***

*The course was measured and marked by  
 Jones Counter*

[See CorkBHAA.com for details](http://SeeCorkBHAA.com)

| Men                     |                    |  | Women       |                          |
|-------------------------|--------------------|--|-------------|--------------------------|
| 1                       | Evan Byrne         |  | 1           | Ronnie Barry             |
| 2                       | MICHAEL HARRINGTON |  | 2           | Deirdre Ansbro           |
| 3                       | Brian Harty        |  | 3           | Sorcha Kearney           |
|                         |                    |  |             |                          |
|                         |                    |  |             |                          |
| <b>Category Winners</b> |                    |  |             |                          |
|                         |                    |  | <b>0/35</b> |                          |
|                         |                    |  | 1           | Sheila Buckley           |
|                         |                    |  | 2           | Amelie O'Brien           |
|                         |                    |  | 3           |                          |
|                         |                    |  |             |                          |
| <b>0/40</b>             |                    |  | <b>0/40</b> |                          |
| 1                       | Michael Buckley    |  | 1           | Louise O'Brien           |
| 2                       | Alfie Davis        |  | 2           | Gillian Cotter           |
| 3                       | Stephen Geoghegan  |  | 3           | Siobhan Holland          |
|                         |                    |  |             |                          |
| <b>0/45</b>             |                    |  | <b>0/45</b> |                          |
| 1                       | John Sheehan       |  | 1           | Orla Crosbie             |
| 2                       | Fergal Quinlan     |  | 2           | Helen Leonard            |
| 3                       | John Kissane       |  | 3           | Adelle O'Connor          |
|                         |                    |  |             |                          |
| <b>0/50</b>             |                    |  | <b>0/50</b> |                          |
| 1                       | Thomas Fox         |  | 1           | Kitty Harrington Buckley |
| 2                       | Denis Kelleher     |  | 2           | Celia O'Regan            |
| 3                       | Andrew O'Callaghan |  | 3           | Maretta Brennan          |
|                         |                    |  |             |                          |
| <b>0/55</b>             |                    |  | <b>0/55</b> |                          |
| 1                       | Gerard Rasmussen   |  | 1           | Carmel Geaney            |
| 2                       | John Hayes         |  | 2           |                          |
| 3                       | Batt Kearney       |  | 3           |                          |
|                         |                    |  |             |                          |
| <b>0/60</b>             |                    |  | <b>0/60</b> |                          |
| 1                       | Joe Murphy         |  | 1           | Kathleen O'Connell       |
| 2                       | Pat Murphy         |  | 2           |                          |
| 3                       | John O'Driscoll    |  | 3           |                          |
|                         |                    |  |             |                          |
| <b>0/65</b>             |                    |  | <b>0/65</b> |                          |
| 1                       | Donie O'Connell    |  | 1           |                          |
| 2                       | Paddy Gyves        |  | 2           |                          |
| 3                       |                    |  | 3           |                          |
|                         |                    |  |             |                          |
| <b>0/70</b>             |                    |  |             |                          |
| 1                       | Paddy Daly         |  |             |                          |
| 2                       |                    |  |             |                          |
| 3                       |                    |  |             |                          |
|                         |                    |  |             |                          |
|                         |                    |  |             |                          |
|                         |                    |  |             |                          |



| Pos | Name               | Cat   | Prize  | Time     | Company                      | Team  |
|-----|--------------------|-------|--------|----------|------------------------------|-------|
| 1   | Evan Byrne         |       | M1     | 00:17:37 | Douglas Credit Union         |       |
| 2   | Rory Casey         |       |        | 00:17:49 | Temp Reg                     |       |
| 3   | MICHAEL HARRINGTON | 0/40A | M2     | 00:17:58 | Harrington Upvc Ltd          |       |
| 4   | Brian Harty        |       | M3     | 00:18:10 | Harty Tax Consulting         |       |
| 5   | Michael Buckley    | 0/40A | 0/40A1 | 00:18:18 | Joyce Wolfe Physiotherapy    |       |
| 6   | James Muray Good   |       |        | 00:18:25 | Temp Reg                     |       |
| 7   | Mark Nolan         |       |        | 00:18:25 | Joyce Wolfe Physiotherapy    |       |
| 8   | Nigel Sheehan      |       |        | 00:18:43 | Goldstar Telecom             |       |
| 9   | Alfie Davis        | 0/40A | 0/40A2 | 00:18:48 | UCC STUDENT                  |       |
| 10  | Paul Deane         |       |        | 00:18:57 | UCC                          | M-A-2 |
| 11  | Tomas Krawczyk     |       |        | 00:19:12 | Temp Reg                     |       |
| 12  | Darragh Canavan    |       |        | 00:19:28 | Harty Tax Consulting         |       |
| 13  | Feargal O'Shea     |       |        | 00:19:39 | Musgrave                     | M-B-2 |
| 14  | Patryk Zagac       |       |        | 00:19:51 | Temp Reg                     |       |
| 15  | Louise Shanahan    |       |        | 00:19:58 | Temp Reg                     |       |
| 16  | Adam Doyle         |       |        | 00:20:12 | Temp Reg                     |       |
| 17  | Donal Murphy       |       |        | 00:20:26 | CPO                          | M-C-2 |
| 18  | John Sheehan       | 0/45B | 0/45B1 | 00:20:29 | MSD Brinny                   | M-A-3 |
| 19  | Thomas Fox         | 0/50C | 0/50C1 | 00:20:38 | Ronan Daly Jermyn Solicitors |       |
| 20  | Stephen Geoghegan  | 0/40A | 0/40A3 | 00:20:45 | EMC                          | M-A-1 |
| 21  | Stephen O'Sullivan |       |        | 00:20:57 | Temp Reg                     |       |
| 22  | Nick Parkinson     |       |        | 00:20:59 | Temp Reg                     |       |
| 23  | Tobias Grab        | 0/40A |        | 00:21:01 | Apple                        |       |
| 24  | Trevor Collins     | 0/40A |        | 00:21:03 | VMware                       |       |
| 25  | Eoin O'Loughlin    |       |        | 00:21:16 | Cork City Council            |       |
| 26  | Gerard Geary       |       |        | 00:21:17 | Fota Collection              | M-B-3 |
| 27  | Donal Hannigan     | 0/40A |        | 00:21:19 | EMC                          | M-A-1 |
| 28  | Denis Kelleher     | 0/50C | 0/50C2 | 00:21:21 | Kelleher                     |       |
| 29  | Liam Lewis         | 0/40A |        | 00:21:26 | CIT                          | M-B-1 |
| 30  | Ronnie Barry       | 0/40I | F1     | 00:21:32 | Cork County Council          |       |
| 31  | Fergal O'Donovan   | 0/40A |        | 00:21:37 | MSD Brinny                   | M-A-3 |
| 32  | Andrew O'Callaghan | 0/50C | 0/50C3 | 00:21:46 | Blarney Woolen Mills         | M-C-3 |
| 33  | Deirdre Ansbro     | 0/35H | F2     | 00:21:47 | Travel Ireland               |       |
| 34  | Steve McCarthy     |       |        | 00:21:58 | Temp Reg                     |       |
| 35  | Sorcha Kearney     | 0/40I | F3     | 00:21:59 | An Post/Eir                  |       |
| 36  | Brendan Flaherty   |       |        | 00:22:06 | Temp Reg                     |       |
| 37  | Louise O'Brien     | 0/40I | 0/40I1 | 00:22:13 | Ervia                        |       |
| 38  | Neil O'Donovan     |       |        | 00:22:16 | Temp Reg                     |       |
| 39  | Fergal Quinlan     | 0/45B | 0/45B2 | 00:22:18 | Carey Tools                  |       |
| 40  | Darryl Broderick   | 0/40A |        | 00:22:19 | Ronan Daly Jermyn Solicitors |       |
| 41  | Mike Hallahan      |       |        | 00:22:21 | Temp Reg                     |       |
| 42  | Orla Crosbie       | 0/45J | 0/45J1 | 00:22:26 | HSE                          | F-A-1 |
| 43  | Helen Leonard      | 0/45J | 0/45J2 | 00:22:29 | Dept of Ed                   |       |
| 44  | Kevin McCourt      | 0/40A |        | 00:22:32 | Fota Collection              | M-B-3 |
| 45  | John Twomey        |       |        | 00:22:35 | Temp Reg                     |       |
| 46  | Anne Wolfe         |       |        | 00:22:39 | Joyce Wolfe Physiotherapy    |       |
| 47  | Conn Donovan       |       |        | 00:22:40 | EMC                          | M-A-1 |
| 48  | John Kissane       | 0/45B | 0/45B3 | 00:22:43 | UCC                          | M-A-2 |
| 49  | Mick Daly          | 0/45B |        | 00:22:46 | Navy                         | M-C-1 |
| 50  | Benjamin Gearey    | 0/45B |        | 00:22:47 | UCC                          | M-A-2 |
| 51  | Shane Meyler       | 0/40A |        | 00:22:48 | Navy                         | M-C-1 |
| 52  | Paddy McGowan      |       |        | 00:23:07 | CIT                          | M-B-1 |
| 53  | Richard Forrest    | 0/45B |        | 00:23:15 | Cork County Council          |       |
| 54  | Dave Creedon       |       |        | 00:23:28 | Temp Reg                     |       |
| 55  | Diarmuid Kenefick  |       |        | 00:23:32 | Stryker                      |       |
| 56  | Colm Menton        | 0/45B |        | 00:23:33 | CIT                          | M-B-1 |
| 57  | Denis Cogan        |       |        | 00:23:33 | Temp Reg                     |       |
| 58  | David Lynch        | 0/50C |        | 00:23:38 | CIT                          |       |
| 59  | Joe Murphy         | 0/60E | 0/60E1 | 00:23:39 | Cork County Council          |       |
| 60  | Denis Carroll      | 0/50C |        | 00:23:46 | Blarney Woolen Mills         | M-C-3 |
| 61  | Josh Kelly         |       |        | 00:23:49 | Temp Reg                     |       |
| 62  | Gillian Cotter     | 0/40I | 0/40I2 | 00:23:50 | UCC                          |       |
| 63  | Pat Murphy         | 0/60E | 0/60E2 | 00:23:51 | UCC                          |       |
| 64  | David Hurley       | 0/40A |        | 00:24:0  | Musgrave                     | M-B-2 |
| 65  | Mark Wallace       |       |        | 00:24:10 | MSD Brinny                   | M-A-3 |
| 66  | Mick O'Connell     |       |        | 00:24:14 | Temp Reg                     |       |
| 67  | John O'Riordan     |       |        | 00:24:19 | Temp Reg                     |       |
| 68  | Mick O'Donovan     |       |        | 00:24:26 | Temp Reg                     |       |
| 69  | Joe O'Loughlin     | 0/40A |        | 00:24:27 | Musgrave                     | M-B-2 |
| 70  | Manu Nadal         | 0/40A |        | 00:24:28 | Storagecraft                 |       |
| 71  | Adelle O'Connor    | 0/45J | 0/45J3 | 00:24:31 | O'Connor Hc                  |       |
| 72  | Colin Fennessy     |       |        | 00:24:32 | Stryker                      |       |

|     |                          |       |        |          |                                |       |
|-----|--------------------------|-------|--------|----------|--------------------------------|-------|
| 73  | Adrian O'Leary           |       |        | 00:24:35 | Temp Reg                       |       |
| 74  | Ciaran O'Laighin         | 0/40A |        | 00:24:42 | EMC                            |       |
| 75  | Siobhan Holland          | 0/40I | 0/40I3 | 00:24:43 | Novartis                       |       |
| 76  | Ann Evans                |       |        | 00:24:46 | Temp Reg                       |       |
| 77  | John O'Driscoll          | 0/60E | 0/60E3 | 00:24:55 | FAS                            |       |
| 78  | Conor Murphy             |       |        | 00:24:59 | MOB DOORS                      |       |
| 79  | Colette O'Donoghue       |       |        | 00:25:05 | Goldstar Telecom               |       |
| 80  | Andrew O'Farrell         | 0/60E |        | 00:25:06 | Abbvie                         |       |
| 81  | Denis Allen              |       |        | 00:25:11 | Temp Reg                       |       |
| 82  | David Fleming            |       |        | 00:25:28 | Cork Garda                     |       |
| 83  | Greg St Leger            | 0/50C |        | 00:25:35 | Ecocem Ireland                 |       |
| 84  | Fiona Downey             |       |        | 00:25:41 | CIT                            | F-A-2 |
| 85  | Seamus Cahill            | 0/50C |        | 00:25:42 | CPO                            | M-C-2 |
| 86  | Padraig O'Regan          |       |        | 00:25:52 | Temp Reg                       |       |
| 87  | Martin O Rourke          | 0/40A |        | 00:25:57 | Fota Collection                | M-B-3 |
| 88  | Pat Murphy               | 0/50C |        | 00:25:58 | Navy                           | M-C-1 |
| 89  | Dave O'Leary             |       |        | 00:25:59 | CIT                            |       |
| 90  | Michael Dooley           | 0/50C |        | 00:26:01 | CPO                            | M-C-2 |
| 91  | Andrew Geaney            | 0/60E |        | 00:26:10 | Apple                          |       |
| 92  | Sheila Buckley           | 0/35H | 0/35H1 | 00:26:11 | Midleton Town Council          | F-B-2 |
| 93  | Dave Ahern               |       |        | 00:26:15 | Temp Reg                       |       |
| 94  | Dave Herlihy             | 0/45B |        | 00:26:18 | Murphys Rock                   |       |
| 95  | Colin Murphy             | 0/40A |        | 00:26:19 | Legal IT                       |       |
| 96  | Declan O'Hanlon          |       |        | 00:26:22 | Temp Reg                       |       |
| 97  | Louise Sheehan           | 0/40I |        | 00:26:23 | Renewit                        |       |
| 98  | Ger Enright              | 0/50C |        | 00:26:25 | Musgrave                       |       |
| 99  | joe Lyons                |       |        | 00:26:30 | Enterprise System Partners Ltd |       |
| 100 | Andrew O'Leary           |       |        | 00:26:33 | United Technologies            |       |
| 101 | Niamh O'Regan            |       |        | 00:26:34 | Arup                           | F-B-1 |
| 102 | Marie-Therese Brady      | 0/40I |        | 00:26:37 | Pfizer                         |       |
| 103 | Bryan Browne             |       |        | 00:26:39 | Musgrave                       |       |
| 104 | Barry O'Mahony           | 0/45B |        | 00:26:40 | Cork City Council              |       |
| 105 | Paddy Rodgers            |       |        | 00:26:42 | Temp Reg                       |       |
| 106 | Maggie Sillett           |       |        | 00:26:42 | Temp Reg                       |       |
| 107 | Willie Gould             |       |        | 00:26:43 | CPO                            |       |
| 108 | Kitty Harrington Buckley | 0/50K | 0/50K1 | 00:27:54 | HSE                            | F-A-1 |
| 109 | Brian O'Donnell          |       |        | 00:27:0  | Temp Reg                       |       |
| 110 | Sarah O'Brien            |       |        | 00:27:08 | Temp Reg                       |       |
| 111 | Ber Looney               | 0/45J |        | 00:27:15 | Marriott Vacations Worldwide   |       |
| 112 | Brendan Deane            |       |        | 00:27:17 | CIT                            |       |
| 113 | Donie O'Connell          | 0/65F | 0/65F1 | 00:27:22 | Midleton Town Council          |       |
| 114 | C.J. McCarthy            |       |        | 00:27:29 | CIT                            |       |
| 115 | John Walshe              |       |        | 00:27:43 | Temp Reg                       |       |
| 116 | Paddy Gyves              | 0/65F | 0/65F2 | 00:27:44 | Itw Hi-Cone                    |       |
| 117 | Paul Healy               | 0/40A |        | 00:27:50 | Simply Suits                   |       |
| 118 | Michael Coade            |       |        | 00:28:05 | Temp Reg                       |       |
| 119 | James Spillane           | 0/40A |        | 00:28:09 | Stryker                        |       |
| 120 | Gerard Rasmussen         | 0/55D | 0/55D1 | 00:28:10 | CIT                            |       |
| 121 | Mick Murphy              | 0/50C |        | 00:28:11 | MOB DOORS                      |       |
| 122 | Mary O'Connell           | 0/40I |        | 00:28:15 | CPO                            |       |
| 123 | John Hayes               | 0/55D | 0/55D2 | 00:28:23 | FAS                            |       |
| 124 | Barry Farren             |       |        | 00:28:24 | Arup                           |       |
| 125 | Colleen Kelly            |       |        | 00:28:25 | GSK                            |       |
| 126 | John Reynolds            |       |        | 00:28:26 | Temp Reg                       |       |
| 127 | Shauna Hurley            |       |        | 00:28:26 | Arup                           | F-B-1 |
| 128 | Emer Nic Aoidh           |       |        | 00:28:27 | Arup                           |       |
| 129 | Sinead O'Donoghue        |       |        | 00:28:29 | Temp Reg                       |       |
| 130 | Finbarr McCarthy         |       |        | 00:28:32 | Temp Reg                       |       |
| 131 | Batt Kearney             | 0/55D | 0/55D3 | 00:28:33 | Blarney Woolen Mills           | M-C-3 |
| 132 | Ruth Phelan              |       |        | 00:28:42 | Keen on Sport                  |       |
| 133 | Dermot Desmond           |       |        | 00:28:43 | Temp Reg                       |       |
| 134 | Celia O'Regan            | 0/50K | 0/50K2 | 00:28:47 | HSE                            |       |
| 135 | Maretta Brennan          | 0/50K | 0/50K3 | 00:28:48 | CIT                            | F-A-2 |
| 136 | Bernard Sisk             | 0/65F |        | 00:28:52 | Sisk Builders                  |       |
| 137 | Amelie O'Brien           | 0/35H | 0/35H2 | 00:28:54 | Enterprise System Partners Ltd | F-C-1 |
| 138 | Mary Mulcahy             | 0/50K |        | 00:28:57 | Bank of Ireland                |       |
| 139 | Joseph O'Leary           |       |        | 00:29:06 | Temp Reg                       |       |
| 140 | Jimmy Murray             | 0/65F |        | 00:29:11 | HSE                            |       |
| 141 | Irene Keohane            | 0/40I |        | 00:29:27 | IBM                            | F-C-2 |
| 142 | Vincent O'Neill          | 0/50C |        | 00:29:35 | EMC                            |       |
| 143 | Rory O'Connor            |       |        | 00:29:37 | Temp Reg                       |       |
| 144 | Peter Kelly              |       |        | 00:29:39 | Temp Reg                       |       |
| 145 | Geraldine Kirwan         |       |        | 00:29:41 | Temp Reg                       |       |

|     |                      |       |        |          |                                |       |
|-----|----------------------|-------|--------|----------|--------------------------------|-------|
| 146 | Robert Fitzgerald    |       |        | 00:29:43 | Temp Reg                       |       |
| 147 | Annabel Golden       | 0/45J |        | 00:29:44 | Enterprise System Partners Ltd | F-C-1 |
| 148 | Matthew O'Neill      |       |        | 00:30:31 | Temp Reg                       |       |
| 149 | Niall O'Neill        |       |        | 00:30:31 | Temp Reg                       |       |
| 150 | Louise Nestor        |       |        | 00:31:02 | IBM                            | F-C-2 |
| 151 | John Casey           |       |        | 00:31:38 | Temp Reg                       |       |
| 152 | Carmel Geaney        | 0/55L | 0/55L1 | 00:31:48 | ESB                            |       |
| 153 | Eoin Deane           |       |        | 00:31:51 | CIT                            |       |
| 154 | Paddy Daly           | 0/70G | 0/70G1 | 00:31:57 | Army                           |       |
| 155 | Tadgh Hanley         | 0/45B |        | 00:32:57 | G.E. Healthcare                |       |
| 156 | Sorcha Ni Longphuirt |       |        | 00:32:13 | Temp Reg                       |       |
| 157 | Lorna Kelleher       | 0/40I |        | 00:32:40 | IBM                            |       |
| 158 | John J Cotter        | 0/70G |        | 00:33:03 | ESB                            |       |
| 159 | Yvonne Davidson      |       |        | 00:35:06 | Temp Reg                       |       |
| 160 | Maike Jacobs         |       |        | 00:35:27 | Apple                          |       |
| 161 | Sarah Riordan        |       |        | 00:35:33 | Temp Reg                       |       |
| 162 | Billy Caball         | 0/70G |        | 00:37:0  | FAS                            |       |
| 163 | Kathleen O'Connell   | 0/60M | 0/60M1 | 00:37:05 | Midleton Town Council          | F-B-2 |
| 164 | Jessica Anthony      |       |        | 00:40:34 | Merck Millipore                |       |
|     |                      |       |        |          |                                |       |